

A smiling person with curly hair, wearing a dark hoodie with a colorful floral pattern, stands in a vineyard. They are holding a bunch of white grapes in their left hand. The background is filled with green grape leaves and vines, with a clear blue sky visible at the top. The overall mood is bright and positive.

demeter

FOR THE
JOY OF LIFE

BIODYNAMIC CALENDAR 2026

PLANTING AND HARVESTING

About the biodynamic calendar symbols:

 Planting time corresponds to the descending moon phase. It is the moment in which the moon goes from its maximum height in the sign of Gemini to its minimum height in the sign of Sagittarius. The descending moon phase favours vitality in the roots of the plants. Tasks suited to this period are: tillage, fertilisation, planting, pruning trees and perennials.

During the rest of the time, the moon is ascending. The ascending phase favours vitality in the upper part of the plant, up to the flower.

Tasks suited to this period are: harvesting, grafting trees, pruning trees and shrubs in the case of excessively strong growth.

The ascending and descending moon phases are not the same as those of the waxing and waning moon (full moon - new moon - full moon).

NODE DAYS

Days when the moon crosses the ecliptic are considered unfavourable for any gardening work.

FLOWER DAYS

On these days, flowering plants, all the flowers in the house and garden, should be tended to. Harvesting medicinal and aromatic herbs, and plants that have intensive colours and aromas. Days generally suitable for harvesting.

LEAF DAYS

Leaf days are suitable for tending to plants that have strong leaf development, e.g. cabbage, salads greens, spinach, fodder plants. Leaf days are not suitable for harvesting.

FRUIT DAYS

On these days, plants that produce 'fruits', e.g. legumes (beans, peas, etc.), berries, fruit, and cereals are tended to. Suitable for harvesting.

ROOT DAYS

Root days are suitable for tending to plants with roots used for food purposes, e.g. carrots, salsify (oyster plant), beetroot, turnips, potatoes. Root days are suitable for tillage and planting.

JANUARY

1 Thu		
2 Fri	 14 	
3 Sat		
4 Sun	 11 	
5 Mon	 22 	
6 Tue		
7 Wed	 12 	
8 Thu	 13 	
9 Fri		
10 Sat		
11 Sun		
12 Mon	 8 	
13 Tue	 20 	
14 Wed		
15 Thu		
16 Fri	 10 	
17 Sat		
18 Sun	 21 	
19 Mon		
20 Tue		
21 Wed	 2 	
22 Thu	 1 	
23 Fri		
24 Sat		
25 Sun	 19 	
26 Mon		
27 Tue	 11 	
28 Wed		
29 Thu	 23 	
30 Fri		
31 Sat	 21 	

FEBRUARY

1 Sun		
2 Mon	 9 	
3 Tue	 20 	
4 Wed	 23 	
5 Thu		
6 Fri		
7 Sat		
8 Sun	 16 	
9 Mon		
10 Tue	 4 	
11 Wed		
12 Thu	 18 	
13 Fri		
14 Sat		
15 Sun	 5 	
16 Mon		
17 Tue	 9 	
18 Wed	 7 	
19 Thu	 6 	
20 Fri		
21 Sat		
22 Sun		
23 Mon	 17 	
24 Tue		
25 Wed		
26 Thu	 6 	
27 Fri		
28 Sat	 5 	

MARCH

1 Sun	 18 	
2 Mon		
3 Tue	 6 	
4 Wed	 8 	
5 Thu		
6 Fri		
7 Sat		
8 Sun		
9 Mon	 12 	
10 Tue		
11 Wed		
12 Thu	 3 	
13 Fri		
14 Sat	 14 	
15 Sun		
16 Mon	 18 	
17 Tue	 16 	
18 Wed	 15 	
19 Thu		
20 Fri		
21 Sat	 7 	
22 Sun	 23 	
23 Mon		
24 Tue		
25 Wed	 11 	
26 Thu		
27 Fri	 11 	
28 Sat		
29 Sun	 1 	
30 Mon	 14 	
31 Tue	 17 	

APRIL

1 Wed		
2 Thu		
3 Fri		
4 Sat		 9 
5 Sun		 21 
6 Mon		
7 Tue		
8 Wed		 11 
9 Thu		
10 Fri		 23 
11 Sat		
12 Sun		
13 Mon		 5 
14 Tue		 2 
15 Wed		 2 
16 Thu		
17 Fri		 18 
18 Sat		
19 Sun		 9 
20 Mon		
21 Tue		 19 
22 Wed		
23 Thu		 18 
24 Fri		
25 Sat		 7 
26 Sun		 17 
27 Mon		 23 
28 Tue		
29 Wed		
30 Thu		

MAY

1 Fri		 16 
2 Sat		
3 Sun		 4 
4 Mon		
5 Tue		 19 
6 Wed		
7 Thu		
8 Fri		 7 
9 Sat		
10 Sun		 13 
11 Mon		 7 
12 Tue		 11 
13 Wed		
14 Thu		
15 Fri		 4 
16 Sat		 18 
17 Sun		
18 Mon		
19 Tue		 3 
20 Wed		
21 Thu		 1 
22 Fri		 13 
23 Sat		 17 
24 Sun		
25 Mon		 5 
26 Tue		
27 Wed		
28 Thu		 22 
29 Fri		
30 Sat		 10 
31 Sun		

JUNE

1 Mon		
2 Tue		 1 
3 Wed		
4 Thu		 13 
5 Fri		
6 Sat		 20 
7 Sun		 8 
8 Mon		 19 
9 Tue		
10 Wed		
11 Thu		 14 
12 Fri		
13 Sat		 5 
14 Sun		
15 Mon		 14 
16 Tue		
17 Wed		 11 
18 Thu		 22 
19 Fri		 20 
20 Sat		
21 Sun		 12 
22 Mon		
23 Tue		
24 Wed		
25 Thu		 4 
26 Fri		 16 
27 Sat		
28 Sun		
29 Mon		 7 
30 Tue		

JULY

1 Wed	 19 
2 Thu	
3 Fri	
4 Sat	 2   10
5 Sun	
6 Mon	 2 
7 Tue	
8 Wed	 22 
9 Thu	
10 Fri	 14 
11 Sat	
12 Sun	
13 Mon	
14 Tue	 21 
15 Wed	
16 Thu	 7 
17 Fri	 2 
18 Sat	 20 
19 Sun	
20 Mon	
21 Tue	
22 Wed	 11 
23 Thu	 23 
24 Fri	
25 Sat	
26 Sun	 13 
27 Mon	
28 Tue	
29 Wed	  1
30 Thu	
31 Fri	 8   14

AUGUST

1 Sat	
2 Sun	 7 
3 Mon	
4 Tue	
5 Wed	 4 
6 Thu	 21 
7 Fri	
8 Sat	
9 Sun	 9 
10 Mon	
11 Tue	 7 
12 Wed	  18 
13 Thu	 12 
14 Fri	
15 Sat	 6 
16 Sun	
17 Mon	
18 Tue	 19 
19 Wed	
20 Thu	 6 
21 Fri	
22 Sat	 20 
23 Sun	
24 Mon	
25 Tue	 8 
26 Wed	
27 Thu	 15   21
28 Fri	 
29 Sat	 13 
30 Sun	
31 Mon	

SEPTEMBER

1 Tue	 9 
2 Wed	
3 Thu	 3 
4 Fri	
5 Sat	 16 
6 Sun	
7 Mon	 15 
8 Tue	
9 Wed	 2  21
10 Thu	
11 Fri	  15
12 Sat	
13 Sun	
14 Mon	
15 Tue	 3 
16 Wed	 14 
17 Thu	
18 Fri	
19 Sat	 4 
20 Sun	
21 Mon	 17 
22 Tue	
23 Wed	 23 
24 Thu	  5
25 Fri	 22 
26 Sat	 
27 Sun	
28 Mon	 16 
29 Tue	
30 Wed	 9 

OCTOBER

1 Thu	
2 Fri	21
3 Sat	
4 Sun	21
5 Mon	
6 Tue	9
7 Wed	3
8 Thu	23
9 Fri	
10 Sat	
11 Sun	
12 Mon	12
13 Tue	23
14 Wed	
15 Thu	
16 Fri	12
17 Sat	
18 Sun	
19 Mon	1
20 Tue	
21 Wed	8 11
22 Thu	
23 Fri	7
24 Sat	
25 Sun	
26 Mon	
27 Tue	16
28 Wed	
29 Thu	
30 Fri	3
31 Sat	

NOVEMBER

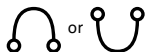
1 Sun	2
2 Mon	14
3 Tue	4
4 Wed	
5 Thu	4
6 Fri	
7 Sat	
8 Sun	18
9 Mon	
10 Tue	5
11 Wed	
12 Thu	19
13 Fri	
14 Sat	
15 Sun	8
16 Mon	
17 Tue	16 13
18 Wed	
19 Thu	16
20 Fri	
21 Sat	
22 Sun	11
23 Mon	
24 Tue	2
25 Wed	
26 Thu	11
27 Fri	
28 Sat	9
29 Sun	20
30 Mon	5

DECEMBER

1 Tue	
2 Wed	10
3 Thu	
4 Fri	
5 Sat	
6 Sun	
7 Mon	12
8 Tue	
9 Wed	
10 Thu	2
11 Fri	
12 Sat	15
13 Sun	
14 Mon	23 14
15 Tue	
16 Wed	
17 Thu	
18 Fri	
19 Sat	21
20 Sun	
21 Mon	13
22 Tue	
23 Wed	22
24 Thu	
25 Fri	19
26 Sat	
27 Sun	5 9
28 Mon	
29 Tue	17
30 Wed	
31 Thu	



Planting



Node

ascending/descending



Flower



Fruit



Leaf

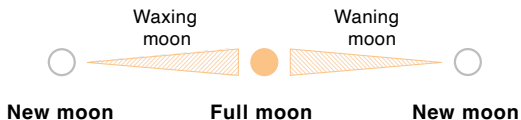


Root

Example

 ¹³  = flower, from 1 p.m. leaf (considering summer time)

 ¹⁰ or  ¹⁰ = time (10 a.m.) when the moon crosses the ecliptic



Notes